



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



EVERY SUMMER HAS A STORY 2023 SUMMER CAMP

YMCA of Greater Nashua

Merrimack YMCA | Nashua YMCA | Westwood Park YMCA | YMCA Camp Sargent on Lake Naticook

GREAT SUMMERS START HERE!

NATURE

OUR MISSION

The Greater Nashua YMCA camping programs provide a high quality day camp experience for a wide range of community youth and teens with a diversity of needs and interests. Our highly qualified and trained professional role models provide a safe, fun, and age-appropriate environment for all campers while developing self-confidence, social skills, and healthy habits.

WELCOME

Welcome to the YMCA of Greater Nashua Summer Camps! Starting with Camp Sargent in 1924, thousands of youth have come to us for an experience that leaves them feeling confident, learning new skills, and making friendships that last a lifetime. Through our core values of Caring, Honesty, Respect, and Responsibility, adventure awaits! We cannot wait for you and your kids to be part of it this summer!

When thinking about our camp experience, the first thing you need to know is that we are a community of people who come together every day to bring out the best in each other. When your camper comes to our camps, they will feel like they belong, as they become part of the Y family. Camp friends are just different from other friends!

At the heart of the camp experience is a building up of confidence through competence. While at camp, your camper will: try things they have never done before, set goals and work to accomplish them, and build skills that can create lifelong interests and pursuits. Through all of those things, our staff will make sure their success is celebrated and their challenges are a moment of learning. By going through these experiences, campers learn the importance of perseverance and translate the skills they have gained back into their life outside of camp.

As you look through this guide, we challenge you to think about the possibilities! What will trying something new look like for your camper? What do they enjoy and want to get better at? What do you want them to learn in their time with us? Away from screens and with caring adult role models, we are ready to help your camper grow all summer long!

From Our Team to Yours,
The Camp Directors of the YMCA of Greater Nashua

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2023 SUMMER CAMP DIRECTORS



Tiffany Joslin | tjoslin@nmymca.org
Camp Sargent Director

Tiffany started her Camp Sargent career, in 2012, as the program director for Camp Sargent's Play Acting Camp. Since then she has been an important part of the day to day operations of camp, and developing it into one of the top summer camps in the area, as one of our Assistant Camp Directors. When Tiffany is not at camp she likes to shop, soak up the sun at the beach, read, watch reality TV, and travel. There is nothing in the world she loves more than spending time with her family and friends.



Kristen Capriotti | kcapriotti@nmymca.org
Camp Create Director

Kristen has been working in Y Camp since 2000 and is excited to be taking on the position of Camp Create Director. Kristen has a Certification in Dance Education as well as an A.A.S in American Sign Language Interpreting and has been teaching dance for over 20 years. She is ready to bring her passion for creativity to your child's summer experience.



Andy MacEachern | amaceachern@nmymca.org
Sports Camp Director

Andy has been a commanding force in YMCA sports since the day he walked into the Westwood Park YMCA. With experience running programs for preschoolers all the way through high school, Andy understands the importance of balancing strong athletic effort with the teaching of life skills to carry youth beyond their sport. He cannot wait to have campers experience the magic of the Sports Camp at the Westwood Park YMCA.



Amy Millard | amillard@nmymca.org
Little Investigators Preschool Camp Director

Amy has been at the YMCA for 15 years; she started in our preschool program Creation Station. This is her second year as the site director for Creation Station, Y Academy and Little Investigators. Little Investigators Camp is a fun way to introduce your preschool age child to school. We spend the week learning about different bugs, nature, and science all while having fun. Amy is excited for camp to start. She can't wait until she meets all the new children enrolled in camp.



Kristie George | kgeorge@nmymca.org
Young Explorers Summer Camp Directors

Kristie started in the Early Education Center in 2008 as a toddler teacher. She was promoted to Assistant Director of the Early Education Department in 2014. Kristie holds a Master's Degree in Education from Southern New Hampshire University. In Kristie's free time, she enjoys spending time with her family and listening to the waves crash on the beach along with enjoying country music. Nothing makes her happier than hearing the children's laughter as they engage in summer fun and is excited for Young Explorers Summer camp.



Tiffany Smith | camp@nmymca.org
Camp Administrator

Tiffany started her Y career on our finance team in 2021 . If you have any questions about registration, challenges with camp paperwork, or need help setting up payment plans, Tiffany is here to help make your camp experience easy. Working for the Y is important to her because growing up in a foster home she felt the community always played a huge role in her life as well as her siblings who attended Y camp. Tiffany enjoys hiking, fishing, rollerblading and spending time with her family. She earned her Bachelors in Business Administration from Hesser College.

2023 SUMMER CAMP STAFF

Working at Summer Camp is an experience like no other and your camper will be the one to benefit. The staff at the YMCA of Greater Nashua Camps are among the best you will find anywhere as they adhere to a very high standard of quality programming and camp philosophy:

Camp should be fun. Camp should be meaningful.

Our staff will be there with your camper every step of the way to ensure a summer like no other. If they are having the best day of their summer, or need some support to pick themselves up, our camp staff is trained to handle everything with emotional support and complete professionalism. If there is one thing your camper will talk about after their experience, it will be the staff!

Join Our Camp Staff.

If you know of anyone interested in being a part of our Summer Camp staff this year please reach out to Tiffany Joslin at tjoslin@nymymca.org.

CAMP GENERAL SCHEDULE

7-9am	PRE CAMP (Child must be registered for this.)
8:45-9:15am	Check in on the field (Indoors if inclement weather)
9:15-9:30am	Morning Meeting/Activity
9:30-10am	Morning Snack
10am-Noon	Program Time
12-12:30pm	Lunch
12:30-1pm	Outdoor Group Activities
1-3:30pm	Afternoon Activity Rotation (Most days will include water activity.)
3:30-4pm	Afternoon Snack and Outdoor Play
4-4:15pm.	Dismissal
4-6pm	POST CAMP (Child must be registered for this.)

GENERAL CAMP SCHEDULE/ WHAT TO PACK

WHAT TO PACK FOR CAMP

Please make sure your child's name is on all belongings and have them leave any valuables, electronics, cell phones and toys at home. Additionally, all YMCA of Greater Nashua summer camps are nut free for the safety of campers and staff.

Swimsuit
and Towel

Refillable
Water Bottle

Healthy Lunch
and Two Snacks
(non-heatable and
nut free, please)



Sunscreen and
Bug Repellent

Closed Toe
Shoes

Extra Pair
of Socks

An "I'm Ready to Have Fun" Attitude!

GENERAL INFORMATION FOR FAMILIES/PARENTS

GENERAL INFORMATION

CAMP WEEKS

Week 1*	June 19-23 (Single Days Available)
Week 2	June 26-June 30
Week 3	July 5-7 (Prorated Only Open Wednesday-Friday)
Week 4	July 10-14
Week 5	July 17-21
Week 6	July 24-28
Week 7	July 31-August 4
Week 8	August 7-11
Week 9	August 14-18
Week 10	August 21-25
Week 11*	August 28-Sept. 1 (Single Days Available - Camp Sargent Only)

* Weeks 1 and 11 (single-day weeks):
Parents can register for single days
these weeks or the full week.

REGISTRATION

Registering for camp only takes a few minor steps. You will be ready for an incredible experience with us in no time.

1. You can register online at nmymca.org/summercamps or by coming into the Welcome Center at any of our locations.
2. When you register, there will a NON-REFUNDABLE/ NON-TRANSFERABLE \$25 deposit needed per week of camp registered for.
3. You can register up to 11:59pm on the Wednesday before the week of camp your child will be attending.
4. Camp balances must be paid by the Wednesday before a week of camp to ensure enrollment in camp.
5. If you have any questions, you can reach out to any of the camp directors for more information and answers.

SIBLING DISCOUNT

The YMCA of Greater Nashua provides a sibling discount for siblings within the same household who sign up for the same camp week in the same camp location: Camp Sargent, Camp Create and Sports Camp. These discounts cannot be used in conjunction with any other discount or promotion and can't be transferred. This discount can only be applied by contacting our camp admin at camp@nmymca.org.

1st Child - Full Price
2nd Sibling - \$10 off
3rd Sibling - \$15 off

CREDIT / REFUND / TRANSFER POLICY

1. Requests for camp withdrawal MUST be made by email to the appropriate camp director or camp admin. All requests must be made no later than 2 weeks prior to the camp's session start date.
2. The \$25 deposit is non-refundable or transferable.
3. You will be responsible for ALL balances on your account if we do not have cancellation request in writing by two weeks prior to that week's start date, whether or not your camper attends.
4. Camps without sufficient enrollment may be canceled; an option of a credit or refund will be given.
5. There will be no credits or refunds for personal absences, vacations, inclement weather, partial attendance, or missed camp days.
6. Prorated credits will be issued per directors' discretion for medical conditions which prohibit the participant from continuing in a camp. A doctor's note is required.
7. Transfer requests may be made providing there is an opening in the desired camp. All transfers must be made at least two weeks prior to that camps start date. Requests can be made by email to the appropriate camp director or camp admin. **Transfers must be approved by respective directors ONLY.**



Camp Weeks

Registration
Information

Sibling Discount

Credit / Refund
Transfer Policy

GIVE THE GIFT OF CAMP

PROVIDE AN UNFORGETTABLE EXPERIENCE FOR YOUTH AT CAMP!

Each summer, hundreds of kids attend day camps at the YMCA of Greater Nashua.

For more than 200 campers, their summer experiences are only made possible because of donor-funded financial assistance. Camp gives them connection, activity, mentors, confidence, resilience and safe spaces while their parents work.

CAMP ALLOWS THEM TO BE KIDS.

However, access to outdoor education and engagement with the natural world is often determined by economic status.

Their experiences at camp prepare them for bigger, brighter lives down the road. With your support we can provide a summer camp experience for all children that promotes the kind of social and emotional growth opportunities that campers will rely upon for years to come.

**Help send a kid to camp.
Your gift will change lives.**

www.nmymca.org/giftofcamp

EVERY KID

DESERVES

CAMP



the
YMCA



A SUMMER FULL OF FUN!

ARCHERY



YMCA CAMP SARGENT on Lake Naticook

141 Camp Sargent Road, Merrimack, NH | Camp Director: Tiffany Joslin | tjoslin@nymca.org

Camp Hours

Camp Day:
9 AM - 4 PM

Pre and Post Camp

Camper can be dropped off beginning at 7 AM and picked up by 6 PM. There is one fee for both pre and post care.

Pre/Post Cost

\$60 per child, per week, covers both

YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

CAMP SARGENT on Lake Naticook

CAMP DIRECTOR: Tiffany Joslin | tjoslin@nymymca.org | 603.882.2011 | 603.880.4845
(winter) (summer)

Our 22-acre, lake front day camp provides the natural setting for children to forge friendships, memories, & leadership skills that will last a lifetime.

Summer FUN (Grades K-8)

Healthy fun, new friends, adventure, and personal growth and memories that last a lifetime. Campers will experience this and more in Camp Sargent's Summer FUN camp, a traditional day camp experience. Swimming, boating, archery, nature, arts and crafts, drama, yoga, Ga-ga Ball, board games, fishing, hiking, songs, scavenger hunts and MORE! ALL SUMMER LONG!

Grades K-8 Price Per Week

YMCA Family Member: \$230
YMCA Youth Member: \$260
Community Member: \$300

Week 1 and 11 Single Day Rates

YMCA Family Member: \$46/Day
YMCA Youth Member: \$52/Day
Community Member: \$60/Day

*All campers must be entering Kindergarten in 2023 AND must be 5 years old in order to attend Camp Sargent.

Since 1924, Camp Sargent has been a place thousands of children and adults have found a community to belong to. At the heart of Camp Sargent is the joy of fun combined with learning and exploration. This all combined with caring adult role models, your camper will have an experience that will last a lifetime.

Camping is about learning new skills, developing character and making friends. But few environments are as special as camp, where kids become a community as they learn to be more independent. Being guided by the four core values of Caring, Honesty, Respect, and Responsibility, you camper will transform learning a skill into confidence in themselves!

Summer Camps

Summer FUN
Grades K-8

Specialty Camps
Grades K-9

Leaders in
Training Program
Grades 9-12



 /ymcacampsargent

Like Us on Facebook for Events,
Videos, Pictures and Important Updates!

YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845



FRIDAY THEME DAYS

Every Friday at Camp Sargent is a theme day. We invite our campers to come to camp dressed for the theme of the day. During Weeks 1 and 12 we have a new theme every day as we celebrate the beginning and end of summer with our campers. We ask that the campers not bring any weapons or inappropriate clothing to camp. (Theme days are subject to change.)

Week 1

June 19 –
June 23)

Spirit Week:

Magical Monday

(Dress as Your Favorite Harry Potter Character)

Tie-Dye Tuesday

(Bring Something White to Dye)

Wacky Hat Wednesday

Twinning Thursday

(Dress Up with a Friend)

Fan Friday

(Wear Your Favorite Sports Team Gear)

Week 2

Week 3

Week 4

Week 5

Week 6

Week 7

Week 8

Week 9

Week 10

Week 11

Hawaiian Hullabaloo

Party In The USA

(Wear Red, White and Blue)

Wild, Wild, West Day!

Freaky Friday

(Dress as Your Counselor)

Pirate Day

Sargent Olympics

Disney Day!

Sargent's Got Talent

Flashback Friday

(Dress in any Decades Clothes)

A Summer to Remember

(Dress Up from Your Favorite Theme Day)

Summer Camps

Summer FUN
Grades K-8

Specialty Camps
Grades K-9

Leaders in
Training Program
Grades 9-12

YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

FUN ALL SUMMER LONG June 19 – September 1

SPECIALTY CAMPS:

YMCA Family Member: \$255 | YMCA Youth Member: \$285 | Community Member: \$380

All specialty camp activities will happen in the morning between 9am-12pm. In the afternoon campers will enjoy other activities such as swimming, games, arts, crafts and more.

NEW! Animal Lovers Camp (Grades K-2)

Calling all animal lovers! Each day campers will explore different habitats to discover different animal life. We will explore the desert, rainforest, ocean, the savannah, and animals we can have in our home!

Digging for Dinos Camp (Grades K-2)

Calling all future paleontologists! Excavate an adventure packed with fossilized FUN! Uncover clues of the past as you embark on a prehistoric dino dig, you will learn about these extinct creatures through fun games, crafts, adventures, and hunts!

Nature Explorers (Grades K-2)

This is the perfect camp for those who LOVE nature! Each day we will focus on a different theme of nature to explore! Some themes may be: Buzz and Flutter, H2O Exploration, Digging in the Dirt, and more! Your camper will explore nature through different experiments, games, and arts and craft activities!

Superhero Training Camp (Grades K-2)

Superheroes will receive the training they need to tap their inner superhero potential through the YMCA core values as a base! At the training camp, they will have the chance to create his/her "secret identity," improve their "super skills", and make new friends! This is no ordinary camp for ordinary kids: this camp is for HEROES!

NEW! When I Grow Up Camp (Grades K-2)

Do you want to be a chef, an author, or maybe an environmentalist when you grow up? Or perhaps you don't know what you want to be! Join us for some fun to discover your true passion! Each day campers will explore a different profession through fun, games, and activities! Some guest visitors will also be at camp to share their knowledge and expertise!

Silly Science Camp (Grades 1-4)

Your camper will explore their silly side while doing fun science experiments and learning lots of cool new facts. We will be doing super silly science experiments that are cool and easy to do! Campers will love how much fun these make learning!

NEW! World Traveler Camp (Grades 1-4)

Come along on a journey you will never forget. Travel the world with your favorite Camp Sargent travel guide to 5 different locations to learn about their cultures, food, and games they play! You will create your own passport, and get it stamped along the way!

Farm Camp (Grades 1-9)

Combining hands-on farm education and sustainable living is what this camp is all about. Campers will interact with animals each day performing chores, learning how to care for them, and understand their importance on a farm. During their time in the camp, each camper will learn about planting, weeding, composting, and harvesting in our vegetable garden.

Camp Sargent Players (Grades 3-6)

Lights, Camera, Action! In this two week camp campers will learn all aspects about the theater! They will play theater games, and work on putting on a production of their own at the end of the two week session for family and friends!

Grades 3-4: Peter Pan

Grades 5-6: Alice in Wonderland

Harry Potter Camp (Grades 3-6)

Leave Camp Sargent Road and the Muggle world behind us as you transform into a student at Hogwarts School of Witchcraft and Wizardry. This camp is a celebration of all things Hogwarts! Wizards will be able to create and taste their very own Hogwarts snacks, concoct potions, create spell books, create their own magic wands and robes, and so much more! If your inner wizard is dying to get out, then this camp is right up your Diagon Alley!

Summer Camps

Summer FUN
Grades K-8

Specialty Camps
Grades K-9

Leaders in
Training Program
Grades 9-12



NEW! Invention Convention Camp Grades 3-6)

Have you ever wanted to create your own invention? This is the perfect camp for you! Campers will explore the world of creating their own masterpieces, and put their own twist on inventions that have already been made, such as the parachute, pulleys, and circuits. Through out the week campers will all also work on creating an invention of their own! They will work through all of the steps! On the last day of this week-long camp our inventors will get to present their new inventions to our Leadership team!

NEW! Camp Impossible (Grades 3-9)

Help us solve the mystery of Camp Sargent! In this camp, campers need to become secret detectives to help uncover clues all week long! Campers will create their own secret identities, discover hidden messages, and escape a cabin on their last day! Do you have what it takes to solve the case?

Pokémon Academy (Grades 3-9)

Have you ever wanted to bring your Pokémon cards to camp, but have always been told NO! Well here is your chance! Come battle with us. In this camp, campers will learn how to play the game, hunt for Pokémon around camp, and even create their own Pokémon cards. Let the battle begin!

NEW! Sports of All Sorts Camp (Grades 3-9)

You asked! And we delivered. Thanks to last year's Pitch Camp! We are bringing a sports of all sorts camp to Camp Sargent! In this camp campers will get to play a different sport everyday! Some sports included will be (but not limited to) Flag Football, Basketball, Whiffle Ball, Kick Ball, and more!

Archery (Grades 5-9)

One of the most popular activities at camp, campers will learn proper technique and safety of this sport. Limit 10 Campers per session.

NEW! Fitness in the Forest (Grades 6-9)

Campers will learn the benefits of exercise, while experiencing how fun it can be. Different styles of cardio and new creative ideas for nutritious snacks will be introduced, all while soaking up the natural vitamin D that nature has to offer. *New to the program this year we will be having some guest instructors leading us in some fun exercise classes like yoga on the beach, water exercise, Zumba, and MORE!!

The Pitch (Grades 6-9)

Are you looking for a way to leave your mark on Camp Sargent? Now is your chance! Teens will spend the week in a "Shark Tank" style program developing a plan to pitch their ideas to the camp community. Teens will work to plan, budget, brand, and market their idea to add the next best thing to come to Camp Sargent.



Summer Camps

Summer FUN
Grades K-8

Specialty Camps
Grades K-9

Leaders in
Training Program
Grades 9-12

YMCA CAMP SARGENT

141 Camp Sargent Road, Merrimack, NH | 603.880.4845

LEADERS IN TRAINING (LIT) (Grades 9-12)

TEEN CAMP DIRECTOR: Tiffany Joslin | tjoslin@nmyymca.org

The Camp Sargent Leaders in Training (LIT) program is designed to help teens find their next level of leadership development and community service.

PRICE PER SESSION

YMCA Family Member: \$370

YMCA Youth Member: \$420

Community Member: \$470

SESSION DATES*

Session 1: June 26-July 7

Session 2: July 10-21

Session 3: July 24-August 4

Session 4: August 7-18

CAMP HOURS

8:45am - 4:15pm

*On the Second Wednesday of Every Session We Will Take an Off-Site Field Trip. Field Trip Dates are 7/5, 7/19, 8/2 and 8/16.

Through this program, our LITs get the opportunity to build positive relationships with each other, learn how to effectively work with youth of all ages, and be an integral part of the Camp Sargent Team. LITs get to be on the ground leaders alongside our staff to create the magic Sargent has to offer. Being an LIT is hard work, but fun work as teens learn and grow together.

As an LIT, your teen will gain experience in the following:

- Team building
- Group Facilitation
- Relationship Building
- Creative Programming
- Positive Youth Development
- Conflict Management and Problem Solving
- Life Skills that will prepare them for the future
- and lots and lots of fun



Summer Camps

Summer FUN
Grades K-8

Specialty Camps
Grades K-12

Leaders in
Training Program
Grades 9-12



MERRIMACK YMCA CAMPS

6 Henry Clay Drive, Merrimack, NH | Camp Director: Kristen Capriotti | kcapriotti@nymyca.org

Camp Hours

Camp Day:
9 AM - 4 PM

Pre and Post Camp

Camper can be dropped off beginning at 7 AM and picked up by 6 PM. There is one fee for both pre and post care.

Pre/Post Cost

\$60 per child, per week, covers both

MERRIMACK YMCA CAMPS

6 Henry Clay Drive, Merrimack, NH | 603.881.7778

CAMP CREATE (Grades 1-6)

CAMP DIRECTOR: Kristen Capriotti | kcapriotti@nmymca.org | 603.881.7778

Campers can indulge their creative side through various specialty camps with a focus on the visual and performing arts. Many camps will have a performance or showing at the end of the week to demonstrate what they learned.

Arts of All Sorts Camp (Grades 1-6)

Let your creative side be FREE! Arts of All Sorts is the perfect camp for your budding artist. Whether that be in the visual arts, or performing arts, your camper will get a little bit of everything! Each day will be a sampling of our week-long specialty camps, along with some of our popular arts and humanities class offerings during the school year. Each day has a different focus! This camp will be offered ALL SUMMER LONG!!

Grades 1-6 Price Per Week
YMCA Family Member: \$230
YMCA Youth Member: \$260
Community Member: \$300

Week 1 Single Day Rates
YMCA Family Member: \$46/Day
YMCA Youth Member: \$52/Day
Community Member: \$60/Day



FRIDAY THEME DAYS

Every Friday at Camp Create is a theme day. We invite our campers to come to camp dressed for the theme of the day. During Week 1 we have a new theme every day as we celebrate the beginning and end of summer with our campers. We ask that the campers don't bring any weapons or inappropriate clothing to camp. (Theme days are subject to change.)

Week 1
(June 19 – June 23)

Spirit Week:
Primary Colors Monday
(Dress in Primary Colors)
Rainbow Tuesday
(Wear as many colors as possible)
Pattern Wednesday
(Wear Your Favorite Patterns)
Tie-Dye Thursday
Favorite Color Friday
(Go All Out in Your Favorite Color)

Week 2

Halfway to the Holidays!

Week 3

Stars and Stripes

Week 4

Wildlife Adventures

Week 5

Surf, Sand and Sunshine

Week 6

Storybook Summer

Week 7

Under the Sea

Week 8

Outta this World

Week 9

Disney

Week 10

Carnival



Summer Camps

Arts of All Sorts
Grades 1-6

Specialty Camps
Grades 1-6

Young Explorers
Ages 3-5

FUN ALL SUMMER LONG June 19 – September 1

SPECIALTY CAMPS:

YMCA Family Member: \$255 | YMCA Youth Member: \$285 | Community Member: \$380

All specialty camp activities will happen in the morning between 9am–12pm. In the afternoon campers will enjoy other activities such as swimming, games, arts, crafts and more.

Acting and Improv (Grades 1–3)

Give your imagination a blast of spontaneity! Improvisation works to increase a child's observation and concentration skills while freeing their imaginations! Campers will learn the basic rules of improvisation and then put them to use playing performance games.

NEW! Arts Around the World (Grades 1–3)

If your child enjoys adventure and travel, don't miss out on the trip of a lifetime exploring the different countries through the eyes of art. Campers will enjoy a fun week of "travel" as they learn about art, music, and folk dances from different countries and cultures around the world.

NEW! ArtNastics (Grades 1–3)

In ArtNastics camp, your child will explore their creativity and work their muscles in one fun, exciting camp. Campers will spend time in Tumble Town learning basic gymnastics skills such as rolls, cartwheels, and handstands, as well as balance beam and basic bar skills. Then it's time to get creative and head to art where they will move through different art stations.

Skips and Scribbles (Grades 1–3)

Skips and Scribbles allows campers to use their creativity and their muscles all in one camp! Art class will explore a variety of art materials and creative ideas to excite the imagination then off to the dance studio to explore their creativity through movement. This camp is a great way to challenge your child's brain and body!

Brixology (Grades 1–6)

This camp will be centered on playing and building with Legos each day and create awesome Lego Art! Campers will be given projects/tasks to accomplish with Legos to create and build! We will take pictures of each sculpture and make an album to display at the end of the week.

Dance, Dance, Dance (Grades 1–6)

Come dance with us! Campers will spend the day learning different styles of dance including ballet, hip hop, jazz, creative movement, and line dances. Students will learn choreography, make up dances of their own, and put on a small performance for family and friends at the end of the week!

Edible Art (Grades 1–6)

Come create fun and tasty snacks while using art concepts like colors, patterns, and shapes. Campers will try new foods, practice math, follow directions, learn about nutrition basics, and develop safety techniques all while making something delicious!

Music Makers (Grades 1–6)

Campers will spend each day exploring all kinds of music including musical techniques, diction and proper posture through group singing, along with music concepts and rhythms through movement and even creating their own instruments. A small concert will be given at the end of the week!



MERRIMACK YMCA CAMPS
6 Henry Clay Drive, Merrimack, NH | 603.881.7778

Summer Camps

Arts of All Sorts
Grade 1–6

Specialty Camps
Grades 1–6

Young Explorers
Ages 3–5

MERRIMACK YMCA CAMPS

6 Henry Clay Drive, Merrimack, NH | 603.881.7778

FUN ALL SUMMER LONG June 19 – September 1

SPECIALTY CAMPS:

YMCA Family Member: \$255 | YMCA Youth Member: \$285 | Community Member: \$380

All specialty camp activities will happen in the morning between 9am-12pm. In the afternoon campers will enjoy other activities such as swimming, games, arts, crafts and more.

Slime Time Potions and More (Grades 1-6)

Campers will spend part of the week making everything from slime, to playdough, and even oobleck. The other part of the week will be spent exploring potions and fun science experiments and learning lots of cool new facts.

NEW! Creative Writing Workshop (Grades 4-6)

Help your child find out how fun writing can be and discover their own writer's voice. Campers will enjoy writing short stories, personal narratives, poetry, journals, comics, and whatever else their minds can think of!

NEW! Fashion Frenzy (Grades 4-6)

Does your child like to dress up and dream of becoming a future designer? Get a head start with this fun class. Campers will learn to tie dye clothes, decorate aprons with paint, create hats and jewelry and choose fabric to hand sew or glue to the clothes to make something unique and different. At the end of the week, Campers will put on a fashion show for family and friends!

Movie Makers (Grades 4-6)

Campers will learn about different aspects of movie making including screenwriting, directing, sounds and lightening, acting, basic camera work, and elementary editing. Students will also experience cartoon creations and stop motion animation. This camp is perfect for any future Hollywood Star!

NEW! STEM Challenge (Grades 4-6)

Campers will be given a different challenge each day to come up with a creative way to solve using different skills from math, science, art, music, and technology.



Summer Camps

Arts of All Sorts
Grade 1-6

Specialty Camps
Grades 1-6

Young Explorers
Ages 3-5

YOUNG EXPLORERS CAMP (Ages 3-5)

A recreational camp based in the Merrimack Y Early Education Center, with a fun-filled unique themed weeks, with a special event each Friday.

PRICE PER WEEK:	3 Years	4 Years	5 Years
YMCA Member	\$260	\$250	\$240
Community Member	\$285	\$275	\$265

Camp Hours: 6:30am – 6:00pm

Children enjoy free swim once a week in the pool and participate in outdoor recreational water play daily.

Registration runs through the Early Education Center.

Interested individuals can email Elizabeth Witmer (ewitmer@nmymca.org), Kristie George (kgeorge@nmymca.org) or call 603.881.7778

Week 1 (June 19-23)

Me, Myself and the Y

This week kicks off the summer camp season, and how appropriate it's all about our favorite people; THE CAMPERs. Let's get to know each and every one of you, while you get to know the Y.

Week 2 (June 26-30)

Farm Follies

Why should Old MacDonald have all the fun on his farm? Hop into your overalls, Cock-a-doodle-do and let's dig in during this fun, animal filled week.

Week 3 (July 3-7: Closed July 4)

Proud to be an American

What would the 4th of July be without a parade? Red, white and blue crafts and lots of good ole' Americana games will fill this star-spangled week.

Week 4 (July 10-14)

Jurassic World

In a land before time dinosaurs ruled the Earth. This week campers travel back in time on a prehistoric field trip as they become Paleontologists. What fossils do you think they will uncover beneath our playground?

Week 5 (July 17-21)

Sea, Sand and Sunshine

Who's ready for some fun in the sun? Sandcastles, Starfish and underwater explorations without even leaving camp! This week the beach comes to us.

Week 6 (July 24-28)

Christmas in July

Introducing.... CHRISTMAS IN JULY! This brand new camp theme is sure to bring the magic of Christmas to the Y. It's beginning to look a lot like Christmas! And it's the most wonderful time of the year; it's the hap-happiest season of all. There'll be parties for hosting, marshmallows for roasting and caroling out in the snow. (Wait! There's no snow.)

Week 7 (July 31-August 4)

Seriously Silly Science

What keeps our feet on the ground, while planes fly above us? Have you ever made a volcano? Join us as we dive deep into the science of discovery.

Week 8 (August 7-11)

Mermaids and Pirates

Ahoy matey's! Find your sea legs and join the crew for a week of adventure on the high seas of summer camp! Anchors aweigh, it's time to set sail... destination: Atlantis, meet the mer-people and the daughters of Triton.

Week 9 (August 14-18)

Fantastical Fairytales and Storybook Characters

Once upon a time.... And happily, ever after! This week will bring beanstalks, fire-breathing dragons, trolls, fairies, and even an elf or two, a uniquely real and playful week is in store for all campers. Bring your imagination for a fantastic week of fun.

Week 10 (August 21-23)

Child Care Only

(Center Closed 8/24 & 8/25)



MERRIMACK YMCA CAMPS
6 Henry Clay Drive, Merrimack, NH | 603.881.7778

Summer Camps

Arts of All Sorts
Grade 1-6

Specialty Camps
Grades 1-6

Young Explorers
Ages 3-5

the
YMCA



A LIFETIME OF MEMORIES!



NASHUA YMCA CAMPS

24 Stadium Drive, Nashua, NH | Camp Director: Amy Millard | amillard@nymca.org

Camp Hours

Camp Day:
9 AM - 1 PM

Little Investigators Preschool Camp

A weekly fun-filled summer camp program for kids ages 3-5.
Let your child have the best summer ever at the YMCA!

Pre/Post Cost

No before or after
care offered.

NASHUA YMCA CAMPS

24 Stadium Drive, Nashua, NH | 603.882.2011

LITTLE INVESTIGATORS CAMP (Ages 3-5)

CAMP DIRECTOR: Amy Millard | amillard@nmymca.org | 603.882.2011

This is where the fun begins and learning never ends! Let your child explore the Y way with a fun-filled, recreational program.

PRICE PER WEEK:

YMCA Member: \$162

Community Member: \$180

Camp Hours: 9am - 1 pm

Children must be potty trained to attend camp. No before or after care offered. Children will swim once per week.

Week 2 (June 26-June 30)

Nature Camp

This week we will take advantage of Mine Falls Park, located right in our Y's front yard. Activities include scavenger hunts, wildlife exploration, animal tracks identification using different media tools to make the experience one your camper will remember.

Week 3 (Prorated 3 Day Week July 5-7)

Tool Time Camp

This week is all about learning to work with your hands and basic tools. Each day we will work on learning about how to make things like building towers, and bridges.

Week 4 (July 10-14)

Water Wonderland Camp

If your child likes to get wet and play in the water, this is the camp week to choose! Water fun outside and water experiments inside will make this class a blast! Experiments this week include finishing ice cubes, sink or float and fun activities: solids, liquids, and gasses!

Week 5 (July 17-21)

Green Thumbs Camp

We are diving into a veggie garden this week! Our days will be filled with vegetable identification, learning about the life cycle of our favorite flowers and plants, planting seeds, tending to our garden and harvesting our own vegetables.

Week 6 (July 24-28)

Community Helpers Camp

Camper live out the Y's mission by learning about our community helpers and doing fun activities that emphasize honesty, caring, respect and responsibility.

Week 7 (July 31-August 4)

Bees, Beetles and Butterflies Camp

This week is all about bugs! Caterpillars in the classroom will turn to butterflies before our own eyes! Other topics will include ants with a live ant farm, arachnids, worms, beetles and more!

Week 8 (August 7-11)

Dinosaur Discovery Week

Topics include paleontology, dinosaur identification, Triassic, Jurassic and Cretaceous periods, habitats, herbivores, omnivores and carnivores. This week is a hit, don't miss out!

Week 9 (August 14-18)

Invention Convention Camp

Using S.T.E.A.M. curriculum, preschoolers are encouraged and supported in designing and creating things like parachutes, catapults, creating an egg drop and much more.

Week 10 (August 21-25)

Edible Art Camp

Come create fun and tasty snacks while using art concepts like colors, patterns, and shapes. Campers will try new foods, learn about math, follow directions, learn about nutrition basics, and develop safety techniques all while making something delicious!

Summer Camps

Little Investigators
Ages 3-5

WHAT TO PACK

- Extra Change of Clothes
- Water Bottle with Child's Name
- Sunscreen
- Socks and Sneakers
- Bathing Suit, Towel and Flip Flops on Swim and Water Days
- Peanut and Tree Nut Free Snack and Lunch





SPORTS CAMPS

Tennis Camps at the Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH
All Other Sports Camps at the Westwood Park YMCA: 90 Northwest Blvd, Nashua NH
Camp Director: Andy MacEachern | amaceachern@nymymca.org

Camp Hours

Camp Day:
9 AM - 4 PM

Pre and Post Camp

Camper can be dropped off beginning at 7 AM and picked up by 6 PM. There is one fee for both pre and post care.

Pre/Post Cost

\$60 per child, per week, covers both

SPORTS CAMPS

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258
Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH | 603.881.7778

SPORTS CAMP (Ages 6-14)

CAMP DIRECTOR: Andy MacEachern | amaceachern@nymymca.org | 603.402.2258

YMCA Sports Camp is a perfect destination for every child who enjoys playing sports and being active. Sports Camp introduces and emphasizes the fundamentals of sports. From skills to drills, to the importance of teamwork, Sports Camp provides a fun and supportive environment for athletes of all skill levels. Whether your camper is new to sports, a seasoned vet, or somewhere in-between, YMCA Sports Camp is a perfect choice for your young athlete.

All Ball Camp (Ages 6-14)

Play like a pro this summer! All Ball is the perfect camp for the child who wants a little bit of everything when it comes to sports. Throughout each day, All Ball campers will enjoy playing an array of sports and games while also diving deep into the week's core sport theme. Tournaments in the core sport will be held on Fridays!

Ages 6-14 Price Per Week
YMCA Family Member: \$230
YMCA Youth Member: \$260
Community Member: \$300

Week 1 Single Day Rates
YMCA Family Member: \$46/Day
YMCA Youth Member: \$52/Day
Community Member: \$60/Day

CORE SPORTS CAMP:

Week 1 : Sports Sampler
Week 2: Turf Sports
Week 3: Court Sports
Week 4: Net Sports
Week 5: Y Ninjas!
Week 6: Sport Medley
Week 7: Turf Sports
Week 8: Court Sports
Week 9: Sport Medley
Week 10: Y Ninjas!

Sports Sampler

Traditional sports day camp where campers will participate in traditional sports activities along with backyard games in a less competitive manner. It provides an opportunity to explore new sports in a safe and fun environment.

Fun on the Turf!

The focus this week will be on sports and activities that can be played on our indoor turf field! Games this week will include soccer, turf hockey, flag football, and lacrosse, capture the flag, dodgeball, kickball, spikeball, and much more!

Hit the Courts!

Hit the courts with these great sports! Campers will build skills and have friendly competition in sports like basketball, volleyball, pickle ball, traditional dodgeball, futsal, and more!

Summer Camps

All Ball Sports
Camp Ages 6-14

Specialty Camps
Ages 6-14



FUN ALL SUMMER LONG June 19 – September 1

Nets, Nets, Nets!

Set up the nets and prepare for fun! This camp will focus on games and activities that require campers to get an object over a net using various creative techniques. Games include foot volleyball, balloon tennis, badminton, volleyball, and other variations of classic net sports.

Sport Medley

Campers will be organized into teams and compete daily against each other in various sporting activities from traditional sports to backyard games such as kickball, dodgeball, relays, ultimate Frisbee, and whiffle ball along with obstacle challenges on the Ninja Warrior course. There will be daily winners and the team with the most wins, wins the big trophy at the end of the week!

Y Ninjas!

Campers will participate on our new Ninja Warrior course! Campers will learn proper techniques and work on overall body strength and balance while going through various obstacles on the turf and Ninja Warrior course. Camper will also be able to create their own obstacles and challenges during the week.

SPORTS SAMPLER MOCK SCHEDULE

7-9am	PRE CAMP (Child must be registered for this.)
9-9:15am	Morning Assembly
9:15-9:45am	Warm Up
9:45-10:15am	Sports I: Dodgeball
10:15-10:30am	Snack Time
10:30-11:15am	Sports II: Basketball
11:15-12pm	Outside Time: Kickball
12pm-12:30pm	Lunch Time
12:30-1:30pm	Ninja Course
1:30-2:15pm	Sport III: Soccer
2:15-2:45pm	Snack Time
2:45-3:15pm	Sports IV: Gaga Ball
3:45-4pm	Afternoon Assembly/Free Play
4-6pm	POST CAMP (Child must be registered for this.)

SPORTS CAMPS

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258
Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH | 603.881.7778

Summer Camps

All Ball Sports
Camp Ages 6-14

Specialty Camps
Ages 6-14



SPORTS CAMPS

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258
Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH | 603.881.7778

FUN ALL SUMMER LONG June 19 – September 1

SPORTS SPECIALTY FOCUS CAMPS:

Sports Specialty camp focuses on sport-specific training where campers will spend the week working on their skills, learning techniques and concepts, along with playing games against your friends and peers. The specialty camps will be facilitated by an instructor with a background in the sport. A mock schedule of the week can be seen below.

MOCK WEEKLY SCHEDULE

Days 1 and 2 – Introduction to the Sport

Campers will learn a little about the history of the sport while working on the basic fundamentals of the sport. They will learn about each position and how they work together to compete as a team. Campers will also go through conditioning/agility drills with games later in the day.

Days 3 and 4 – Review and Go In-Depth

During these days, campers will continue to review drills and skills from earlier in the week while going a little more in-depth with concepts to truly understand how the game is played. Games will be played in the afternoon. Here strategies will be implemented and campers will apply what they've learned.

Day 5 – Game Day!

On the final day of the week, campers will go through an early morning review of the week, be placed on teams and compete in many games throughout the day! An end of the week ceremony will also be held to recognize team and personal achievements.

SPORTS OFFERED

- Basketball
- Football
- Ninja!
- Tennis
- Volleyball
- More to Come



Summer Camps

All Ball Sports
Camp Ages 5-15

Specialty Camps
Ages 6-14



SPORTS CAMPS

Westwood Park YMCA: 90 Northwest Blvd, Nashua, NH | 603.402.2258
 Merrimack YMCA: 6 Henry Clay Drive, Merrimack, NH | 603.881.7778



Celtics Camps Presented by New Balance (Ages 9-14)

Celtics Camps focus on the fundamentals and centered around a mentality of teaching the whole camper, focusing on morality and character rather than the sheer goal of winning. One of the Celtics Camps trademarks is the "Thought of the Day" in which we praise the virtues of good character and integrity, often focusing on self-discipline, perseverance and personal responsibility. Celtics Camps develop players at all levels- elementary, middle school and high school. Our professional staff of educators/coaches and Celtic legends will provide a structured learning experience which will further improve the individual players skills. Players will be exposed to a combination of high-level game situation drills that will further improve their physical and mental game.

Session 1: July 17-21 Session 2: July 31 - August 4

YMCA Member or Community Member: \$425

Registration for Celtics Camps opens in February. Please visit www.celtics.com/camps
 \$25.00 Early Registration Discount Code 2R15RC

Summer Camps

All Ball Sports
 Camp Ages 6-14

Specialty Camps
 Ages 6-14



SPECIALTY CAMPS SCHEDULE

Weeks noted with a are the weeks available for that camp. YFM = YMCA Family Member, YYM = YMCA Youth Member and CM = Community Member or Non Y Member. Our camp days run from 9 AM - 4 PM. Grade determination based on the grade the camper is entering in Fall 2023. ^Weeks 1 and 11 are single day weeks. +Week 3 is prorated only open Wednesday - Friday.

Camp Sargent on Lake Naticook *(Camp descriptions on pages 9-14)*

Camp Name	Grade	Price	Wk 1^	Wk 2	Wk 3+	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10	Wk 11^
			6/19-6/23	6/26-6/30	7/5-7/7	7/10-7/14	7/17-7/21	7/24-7/28	7/31-8/4	8/8-8/12	8/14-8/18	8/21-8/25	8/28-9/1
Summer Fun Week-Long Camp	K-8	YFM-\$230 YYM-\$260 CM-\$300	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Summer Fun Single-Day Camp	K-8	YFM-\$46 YYM-\$52 CM-\$60	<input type="checkbox"/>										<input type="checkbox"/>
Camp Name	Grade	Price	Entering Grades K-4										
NEW Animal Lovers Camp	K	YFM-\$255 YYM-\$285 CM-\$380			<input type="checkbox"/>								
Digging for Dinos Camp	K					<input type="checkbox"/>							
Nature Explorers Camp	K						<input type="checkbox"/>						
Superhero Training Camp	K			<input type="checkbox"/>					<input type="checkbox"/>				
NEW When I Grow Up Camp	K									<input type="checkbox"/>			
NEW Animal Lovers Camp	1-2									<input type="checkbox"/>			
Digging for Dinos Camp	1-2										<input type="checkbox"/>		
Farm Camp	1-2								<input type="checkbox"/>				
Nature Explore Camp	1-2						<input type="checkbox"/>						
Silly Science Camp	1-2					<input type="checkbox"/>							
Superhero Training Camp	1-2											<input type="checkbox"/>	
NEW When I Grow Up Camp	1-2							<input type="checkbox"/>					
NEW World Traveler Camp	1-2			<input type="checkbox"/>									
NEW Camp Impossible	3-4											<input type="checkbox"/>	
Farm Camp	3-4				<input type="checkbox"/>		<input type="checkbox"/>						
Harry Potter Camp	3-4					<input type="checkbox"/>							
Silly Science Camp	3-4									<input type="checkbox"/>			
NEW Invention Convention Camp	3-4							<input type="checkbox"/>					
Pokémon Academy	3-4										<input type="checkbox"/>		
NEW Sports of All Sorts Camp	3-4											<input type="checkbox"/>	
NEW World Traveler Camp	3-4						<input type="checkbox"/>						

Camp Sargent on Lake Naticook *(Camp descriptions on pages 9-14)*

Camp Name	Grade	Price	Wk 1^ 6/19- 6/23	Wk 2 6/26- 6/30	Wk 3+ 7/5- 7/7	Wk 4 7/10- 7/14	Wk 5 7/17- 7/21	Wk 6 7/24- 7/28	Wk 7 7/31- 8/4	Wk 8 8/8- 8/12	Wk 9 8/14- 8/18	Wk 10 8/21- 8/25	Wk 11^ 8/28- 9/1
Camp Sargent Players (2 Week Session)	3-4	YFM-\$510 YYM-\$570 CM-\$760							<input type="checkbox"/>				
Camp Name	Grade	Price	Entering Grades K-4 cont'										
Archery Camp	5-6	YFM-\$255 YYM-\$285 CM-\$380					<input type="checkbox"/>					<input type="checkbox"/>	
NEW Camp Impossible	5-6						<input type="checkbox"/>						
Farm Camp	5-6								<input type="checkbox"/>				
Harry Potter Camp	5-6			<input type="checkbox"/>									
NEW Invention Convention Camp	5-6								<input type="checkbox"/>				
Pokémon Academy	5-6					<input type="checkbox"/>							
NEW Sports of All Sorts Camp	5-6					<input type="checkbox"/>							
Camp Sargent Players (2 Week Session)	5-6	YFM-\$510 YYM-\$570 CM-\$760								<input type="checkbox"/>			
Camp Name	Grade	Price	Entering Grades 6-9										
Archery Camp	6-9	YFM-\$255 YYM-\$285 CM-\$380		<input type="checkbox"/>							<input type="checkbox"/>		
Farm Camp	6-9				<input type="checkbox"/>								
NEW Fitness in the Forest Camp	6-9											<input type="checkbox"/>	
NEW Camp Impossible	6-9						<input type="checkbox"/>						
Pokémon Academy	6-9								<input type="checkbox"/>				
NEW Sports of All Sorts Camp	6-9					<input type="checkbox"/>							
The Pitch	6-9									<input type="checkbox"/>			
Camp Name	Grade	Price	Entering Grades 8-12										
Leaders in Training (2 Week Session)	8-12	YFM-\$370 YYM-\$420 CM-\$470		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>			

SPECIALTY CAMPS SCHEDULE

Weeks noted with a are the weeks available for that camp. YFM = YMCA Family Member, YYM = YMCA Youth Member and CM = Community Member or Non Y Member. Our camp days run from 9 AM - 4 PM. Grade determination based on the grade the camper is entering in Fall 2023. ^Week 1 are a single day week. +Week 3 is prorated only open Wednesday - Friday.

Camp Create at the Merrimack YMCA (Camp descriptions on pages 15-18)

Camp Name	Grade	Price	Wk 1^	Wk 2	Wk 3+	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10
			6/19-6/23	6/26-6/30	7/5-7/7	7/10-7/14	7/17-7/21	7/24-7/28	7/31-8/4	8/8-8/12	8/14-8/18	8/21-8/25
Arts of All Sorts Week-Long Camp	1-6	YFM-\$230 YYM-\$260 CM-\$300	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Arts of All Sorts Single-Day Camp	1-6	YFM-\$46 YYM-\$52 CM-\$60	<input type="checkbox"/>									
Camp Name	Grade	Price	Entering Grades 1-3									
Acting and Improv Camp	1-3	YFM-\$255 YYM-\$285 CM-\$380			<input type="checkbox"/>							
NEW Arts Around the World Camp	1-3										<input type="checkbox"/>	
NEW ArtNastics Camp	1-3			<input type="checkbox"/>								
Brixology Camp	1-3					<input type="checkbox"/>						
Dance, Dance, Dance Camp	1-3									<input type="checkbox"/>		
Edible Art Camp	1-3											<input type="checkbox"/>
Music Makers Camp	1-3									<input type="checkbox"/>		
Skips and Scribbles Camp	1-3						<input type="checkbox"/>					
Slime Time Potions & More Camp	1-3								<input type="checkbox"/>			
Camp Name	Grade	Price	Entering Grades 3-6									
Brixology Camp	3-6	YFM-\$255 YYM-\$285 CM-\$380				<input type="checkbox"/>						
Dance, Dance, Dance Camp	3-6								<input type="checkbox"/>			
Edible Art Camp	3-6											<input type="checkbox"/>
Music Makers Camp	3-6			<input type="checkbox"/>								
Slime Time Potions & More Camp	3-6									<input type="checkbox"/>		
NEW Creative Writing Workshop Camp	4-6								<input type="checkbox"/>			
NEW Fashion Frenzy Camp	4-6					<input type="checkbox"/>						
Movie Makers	4-6						<input type="checkbox"/>					
NEW STEM Challenge Camp	4-6										<input type="checkbox"/>	

SPECIALTY CAMPS SCHEDULE

Weeks noted with a are the weeks available for that camp. YFM = YMCA Family Member, YYM = YMCA Youth Member and CM = Community Member/Non Y Member. Sports camp is using ages for summer camps to align with youth sports guidelines. ^Weeks 1 are a single day week. +Week 3 is prorated only open Wednesday - Friday.

Sports Camps at the Westwood Park YMCA *(Camp descriptions on pages 23-26)*

Camp Name	Age	Price	Wk 1^	Wk 2	Wk 3+	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10
			6/19-6/23	6/26-6/30	7/5-7/7	7/10-7/14	7/17-7/21	7/24-7/28	7/31-8/4	8/8-8/12	8/14-8/18	8/21-8/25
All Ball Week-Long Camp	5-15	YFM-\$230 YYM-\$260 CM-\$300	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
All Ball Single-Day Camp	5-15	YFM-\$46 YYM-\$52 CM-\$60	<input type="checkbox"/>									
Camp Name	Age	Price	Basketball Camps									
Basketball Camp	6-9	YFM-\$255 YYM-\$285 CM-\$380		<input type="checkbox"/>								
Basketball Camp	10-14										<input type="checkbox"/>	
Celtics Camps Presented by New Balance	9-14	YM-\$425 CM-\$425					<input type="checkbox"/>		<input type="checkbox"/>			
Registration for Celtics Camps opens in February. Please visit www.celtics.com/camps \$25.00 Early Registration Discount Code 2RJ5RC												
Camp Name	Age	Price	Football Camps									
Flag Football Camp	6-9	YFM-\$255 YYM-\$285 CM-\$380						<input type="checkbox"/>				
Flag Football Camp	10-14				<input type="checkbox"/>							
Camp Name	Age	Price	Westwood Park Y Ninja Camps									
Ninja Camp	9-14	YFM-\$255 YYM-\$285 CM-\$380				<input type="checkbox"/>				<input type="checkbox"/>		
Camp Name	Age	Price	Tennis Camps - All Tennis Camps Take Place at the Merrimack YMCA									
Tennis Camp	10-14	YFM-\$255 YYM-\$285 CM-\$380			<input type="checkbox"/>							
Camp Name	Age	Price	Volleyball Camps									
Dig Deep Volleyball Beginner	9-14	YFM-\$255 YYM-\$285 CM-\$380				<input type="checkbox"/>						
Dig Deep Volleyball Intermediate	9-14					<input type="checkbox"/>						
Dig Deep Volleyball Intermediate	11-16							<input type="checkbox"/>				
Dig Deep Volleyball Pre-Tryout	Grade 6-8											<input type="checkbox"/>

WE'RE HIRING AT CAMP!

WE'RE HIRING CAMP STAFF FOR THE SUMMER OF 2023 AT ALL THREE OF OUR CAMP LOCATIONS: CAMP CREATE, SPORTS CAMP AND CAMP SARGENT ON LAKE NATICOOK!



**COME WORK AT THE YMCA:
Being a Camp Counselor is
More than a Job, it's a Place:**

- TO FEEL VALUED AND RESPECTED
- TO BE A ROLE MODEL
- TO FORGE MEANINGFUL RELATIONSHIPS WITH PEERS
- TO WORK OUTSIDE WITH KIDS
- TO GAIN VALUABLE EXPERIENCE AND BUILD OUT YOUR RESUME:
 - LEADERSHIP DEVELOPMENT
 - CONFLICT RESOLUTION
 - CREATIVE THINKING
 - TIME MANAGEMENT
 - PROBLEM SOLVING
 - COMMUNICATION
 - COLLABORATION
 - AND SO MUCH MORE



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF GREATER NASHUA

Camp Sargent
141 Camp Sargent Road
Merrimack, NH 03054
P: 603.880.4845
www.campsargent.org

Merrimack YMCA
6 Henry Clay Drive
Merrimack, NH 03054
P: 603.881.7778
www.nmymca.org

Nashua YMCA
24 Stadium Drive
Nashua, NH 03062
P: 603.882.2011
www.nmymca.org

Westwood Park YMCA
90 Northwest Boulevard
Nashua, NH 03063
P: 603.402.2258
www.nmymca.org